PE Curriculum Overview

FMS – Fundamental Movement Skills   OAA – Outdoor Athletics Activities

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	FMS: Jack and the beanstalk	FMS: How to catch a star	FMS: Transport FMS	FMS: Minibeasts FMS: Space	FMS: Transport FMS: Rumble in the Jungle	FMS: Hungry Caterpillar FMS: Seaside
Year One	Dance: Fire Fire Gymnastics Activities 1	FMS Baseline Unit: Lost and found FMS and gym: Jack and the beanstalk	FMS: Zog Gymnastics Activities 2	FMS: Rolling a ball FMS: Tri Throlf	FMS: Catching and bouncing a ball FMS Baseline unit: Supertato	Dance: Robots Athletics
Year Two	Dance: Explorers Games: Net and Wall	Gymnastics Activities 1 FMS: Catching and bouncing a ball	Dance Activities: Once upon a giant FMS: Playground games in the 20th century	Gymnastics Activities 2 FMS: Rolling a ball	Dance Activities: Seaside Athletics	OAA: The Great outdoors Athletics
Year Three	Dance: Rock and Roll Invasion Games: Netball	Gymnastics Activities 1 Creative Games: Tag and Target	Dance: Myths and Legends Invasion Games: Rugby	Gymnastics Activities 2 Games: Net and Wall Unit Core Task 1	Dance: Ironman Striking and Fielding Games: Rounders	Athletic Activities Striking and Fielding Games: Cricket
Year Four	Dance: Sparks might fly Invasion Games: Handball	Invasion Games: Rugby Dance: The Great Plague	Gymnastics Activities 1 Target Games: Dodgeball	Gymnastics Activities 2 Games: Net and Wall Unit Core Task 1	OOA: Teamwork and problem solving Swimming	Swimming Striking and Fielding Games: Rounders
Year Five	Dance: Food, Glorious Food Invasion Games: Netball	Gymnastics Activities 1 Invasion Games: Hockey	Dance: Heroes and Villains Invasion Games: Rugby 1	Gymnastics Activities 2 Net and Wall Tennis	Dance: Highway Man Striking and Fielding: Rounders	Athletics Orienteering
Year Six	Invasion Games: Netball Dance: Earthlings	Gymnastics Activities 1 Invasion Games: Hockey	Dance: Food, Glorious Food Invasion Games: Rugby	Gymnastics Activities 2 Net and Wall Tennis	Striking and Fielding: Rounders Athletics	Orienteering Dance: Heroes and Villains